

RAS6094, Project First Coordination Meeting

Project title

Applying Nuclear Techniques for the Determination of Body Fat and Anthropometric Cut-offs (ARASIA), RAS6094

Provisional Agenda

Monday 7 September 2020(09:00-12:00) CEST Vienna Time

Meeting objective and outcome

- Presentation (10 min)
 - IAEA Programme Management Officer (PMO) Abdulghani Shakhashiro
 - The way forward to mitigate the impact of COVID-19 on the project implementation
 - TC support to the project activities

Who is who?

- Presentations (5 min each)
 - IAEA Technical Officer (TO) Pernille Kaestel
 - External expert, Prof John J Reilly
 - Jordan
 - Kuwait
 - Lebanon
 - Oman
 - Syria

Presentation of project objectives

Brief introduction of the proposed project (Lara Nasreddine)

Background knowledge and evidence gap, part 1 (JJ Reilly)

- Association of body fat with risk of chronic diseases and metabolic syndrome
- Trends of adolescent obesity in the region
- Adolescence – a window of opportunity to establish healthy behaviours?
- Which public health interventions are likely to be most effective?

Questions and discussion

Tuesday 8 September 2020 (09:00-12:00) CEST Vienna Time

Background knowledge and evidence gap, part 2 (JJ Reilly)

- Association of BMI-for-age with body fat – ethnic differences
- Data pooling and shared publication (experience from IAEA regional project in Africa)

Questions and discussion

Introduction to the nuclear technique for newcomers

- Brief overview of deuterium dilution technique, what does it take? (Pernille)
- Sharing experiences with the deuterium dilution method

Project design

- Discussions and final decisions on variables to include
 - Sample size
 - Mandatory and optional variables (BIA, blood tests, questionnaire, anthropometry (skinfolds, weight, height, sitting height, waist-hip circumferences), physical activity...?)

Study protocol

Process of finalising common study protocol, information sheet and data collection tools
















- Identification of lead
- Commitment to contribute
- Time perspective (finalisation of documents, ethical approval, training, data collection)
- COVID influence

Way forward

With COVID in mind, should we plan for regular (frequency?) brief virtual update meetings?

TIME ZONES

Local time, starting VIE 09:00

				Sort By: -- Custom --  
	Vienna, Austria* CEST (UTC +2)	Mon, 7 Sep 2020	09:00 	
	Glasgow, United Kingdom* BST (UTC +1)	Mon, 7 Sep 2020	08:00 	
	Beirut, Lebanon* EEST (UTC +3)	Mon, 7 Sep 2020	10:00 	
	Amman, Jordan* EEST (UTC +3)	Mon, 7 Sep 2020	10:00 	
	Kuwait City, Kuwait AST (UTC +3)	Mon, 7 Sep 2020	10:00 	
	Damascus, Syria* EEST (UTC +3)	Mon, 7 Sep 2020	10:00 	
	Muscat, Oman GST (UTC +4)	Mon, 7 Sep 2020	11:00 